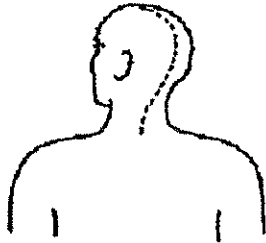


Maneuver for Treating Left-sided BPV



While sitting, turn head left.



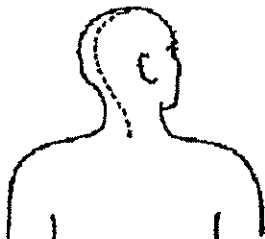
Fall back to head-hanging left.



Turn neck to head-hanging right.

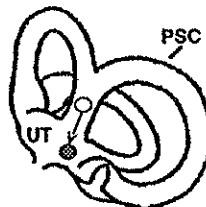
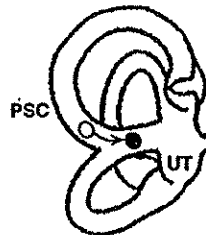
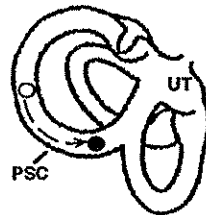
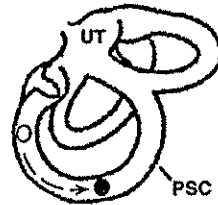
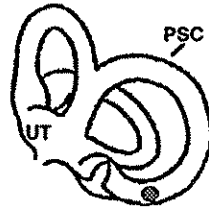


Roll onto right shoulder, nose down.

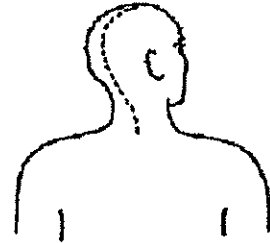


Return to sitting with head right.

What happens to the particles in the inner ear



Maneuver for Treating Right-sided BPV



While sitting, turn head right.



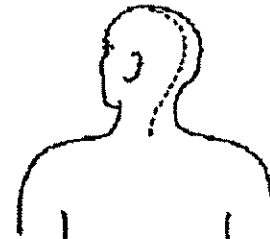
Fall back to head-hanging right.



Turn neck to head-hanging left.



Roll onto left shoulder, nose down.



Return to sitting with head left.